

# Strengthscope® model

## EMOTIONAL STRENGTHS



**Courage:** You take on challenges and face risks by standing up for what you believe



**Emotional control:** You are aware of your emotional 'triggers' and how to control these to remain calm and productive



**Enthusiasm:** You demonstrate passion and energy when communicating goals, beliefs, interests or ideas you feel strongly about.



**Optimism:** You remain positive and upbeat about the future and your ability to influence it to your advantage.



**Resilience:** You deal effectively with setbacks and enjoy overcoming difficult challenges



**Self-confidence:** You have a strong belief in yourself and your abilities to accomplish goals

## RELATIONAL STRENGTHS



**Collaboration:** You work cooperatively with others to overcome conflict and build towards a common goal



**Compassion:** You demonstrate a deep and genuine concern for the well-being of others



**Developing others:** You promote other people's learning and development to help them achieve their goals and fulfil their potential



**Empathy:** You readily identify with other people's situations and can see things clearly from their perspective



**Leading:** You take responsibility for influencing and motivating others to contribute to the goals and success of their team and organisation



**Persuasiveness:** You are able to win agreement and support for a position or desired outcome



**Relationship building:** You take steps to build networks of contacts and act as a 'hub' between people that you know

## THINKING STRENGTHS



**Common sense:** You make pragmatic judgements based on practical thinking and previous experience



**Creativity:** You come up with new ideas and original solutions to move things forward



**Critical thinking:** You approach problems and arguments by breaking them down systematically and objectively



**Detail orientation:** You pay attention to detail in order to produce high quality output, no matter what the pressures



**Strategic mindedness:** You focus on the future and take a strategic perspective on issues and challenges

## EXECUTION STRENGTHS



**Decisiveness:** You make quick, confident and clear decisions, even when faced with limited information



**Efficiency:** You take a well-ordered and methodical approach to tasks to achieve planned outcomes



**Flexibility:** You remain adaptable and flexible in the face of unfamiliar or changing situations



**Initiative:** You take independent action to make things happen and achieve goals



**Results focus:** You maintain a strong sense of focus on results, driving tasks and projects to completion



**Self-improvement:** You draw on a wide range of people and resources in the pursuit of self-development and learning